

## Additional Instructional Resources for Peanut Curriculum

Below are some suggestions for additional content around peanuts and peanut butter.

### Videos

- **Peanuts: The Superfood**  
<https://www.youtube.com/watch?v=vjEk78ixCwI>
- **Peanuts: The Crop of Now**  
<https://youtu.be/w5Riyh9SsEs>
- **Farming Peanuts**  
<https://youtu.be/i6SxMFDf4rQ>
- **Managing food allergies in a culinary program**  
<https://peanutbutterlovers.com/foodservice/managing-food-allergies-in-a-culinary-program/>

### Documents

- **Just Add Peanuts! Small Changes with Big Results**  
[https://peanut-institute.com/wp-content/uploads/2022/01/TPI\\_small-changes-infographic\\_1.21.22.pdf](https://peanut-institute.com/wp-content/uploads/2022/01/TPI_small-changes-infographic_1.21.22.pdf)
- **How Peanuts Power a Healthy Heart**  
<https://peanut-institute.com/wp-content/uploads/2021/02/Infographic-Heart-Health-2.pdf>
- **Defend Against Diabetes with Peanuts**  
[https://peanut-institute.com/wp-content/uploads/2020/11/TPI\\_DiabetesMonth\\_Infographic\\_V3.pdf](https://peanut-institute.com/wp-content/uploads/2020/11/TPI_DiabetesMonth_Infographic_V3.pdf)
- **Instead of Peanut Free, Be Allergen Aware**  
*This discusses that casual contact poses an extremely low risk for serious reaction.*  
[https://www.nationalpeanutboard.org/content/1126/files/ManagingFoodAllergiesinSchools\\_2019.pdf](https://www.nationalpeanutboard.org/content/1126/files/ManagingFoodAllergiesinSchools_2019.pdf)



